# Slip / Trip / Fall Week

Royal Mail Group has Standards for the management of Slips Trips & Falls in order to minimise the risk of injury and to ensure legal compliance.

### During the week you will be asked to:

- ✓ Communicate key messages.
- ✓ Compare the STF Checklist to current practise
- ✓ Complete targeted SMAT / Observations in order to confirm safe behaviours

This activity is part of your SHE Calendar requirement for October. See information page

#### Actions

- 1. Deliver the WTLL Link and issue to all staff.
- 2. Print out and place the relevant Poster Link on the SHE Noticeboard.
- 3. Complete the **STF Manager Checklist** <u>Link</u> with your Safety Representative and consider if the operation adheres to the controls identified.

High Impacting Units: For those Units identified as high impacting, complete the HIU STF Activity Programme with your ASR (materials to be provided directly as required)

#### **Behaviours**

- Complete targeted <u>SMAT / Observations</u> on Slip/Trip/Falls referencing the <u>STF SMAT Guide</u>
  - Indoor SMAT / Observations
  - Outdoor SMAT / Observations (N/A for operations with no outdoor duties)
  - Yard SMAT / Observation (N/A for operations with no Yard)

## Best Practise (own choice)

- Consider if the following may be of benefit to maximise your management of Slip/Trip/Fall risk:
  - Complete a Severe Weather Scenario Exercise
  - Complete the STF HIU Activity Programme Link
  - Review the <u>SHE Knowledge Database</u> for ideas and materials including support for sites with high incident rates, coaching individuals and an advanced culture.
  - Staff to complete Delivering Safely (RML Delivery only)
  - Managers to complete <u>'A Safe Place to Work'</u>

## Other (as required)

- Add any areas of improvement to your site SHE Action Plan and include as an agenda item at your next SHE Committee meeting.
- Speak with your line Managers, staff and SHE Advisor about STFs and how the risk can be reduced.